

and dry. Lights should be lowered in his vicinity, and the ward or room kept as quiet as possible.

Patients who sleep badly must not be allowed to drink tea or coffee, to read or write, talk much or excite themselves in any way just before their hour for settling down which should be as nearly as possible the same every night.

Night nurses should be careful that their own squeaking shoes, or too highly starched dresses are not a source of annoyance, and that they make no undue noise during the night.

A calm, soothing manner, an absence of flurry and haste will quiet a nervous patient better than any opiate, and by her personality and quiet efficiency in this matter, a nurse may often succeed where drugs alone have failed.

The Exhibition Programme.

The Nursing Exhibition, and Conference on Nursing organised by the Provisional Committee of the National Council of Nurses, which is to be held at St. George's Hall, Mount Street, Berkeley Square, W., on Thursday, November 22nd, Friday, November 23rd, and Saturday, November 24th, promises to be a very interesting occasion. In connection with the exhibition, which will be mostly limited to the subjects with which the Conference deals, exhibits have been arranged by the well known firms of Messrs. Garrould, Edgware Road, W., Messrs. Allen and Hanburys, of Wigmore Street, W., Messrs. Down Brothers, Limited, of St. Thomas' Street, S.E., and Messrs. Jeyes Sanitary Compounds Company, Limited, of 68, Cannon Street, E.C. The Equipoise Bed and Couch, which attracted so much attention at the recent London Medical Exhibition, Vincent Square will also be on view. The League of St. John's House Nurses has undertaken to show everything necessary in the lying-in room. Miss Todd, Matron of the Royal National Sanatorium, Bournemouth is arranging the section which has special reference to Tuberculosis. There will also be some interesting exhibits in connection with mental nursing kindly lent by Dr. Hyslop, Resident Physician Bethlem Royal Hospital. Space will also be reserved for the exhibits of nurses. Exhibits in this section should be forwarded to Miss Barton, Matron, Chelsea Infirmary, Cale Street, Chelsea, S.W., by the morning of Wednesday November 21st, and only articles which can be shown on a table should be sent.

The Exhibition will be open each day at

11 a.m., an hour which it is hoped will be convenient to night nurses, and both nurses and members of the general public are cordially invited to attend. Admission both to the Conference and to the Exhibition is free.

Throughout the three days members of the various Leagues will at all times be in attendance to take visitors round the Exhibition, and to explain the exhibits.

DAILY PROGRAMME :

THURSDAY, NOVEMBER 22nd.

4 p.m. Reception by Members of Provisional Committee. Tea and Coffee.

8 p.m. **Conference on the Care of the Consumptive.**

Chairman, MISS ISLA STEWART, Hon. Vice-President International Council of Nurses. Papers by DR. KELYNACK, Physician to Mount Vernon Hospital for Consumption. MISS HELEN TODD, Matron, Royal National Sanatorium for Consumption, Bournemouth.

Discussion : DR. MABEL PAINE, late Resident Medical Officer, E. Anglian Sanatorium ; DR. CHARLES REINHARDT, Visiting Physician, Hailey Open-Air Sanatorium.

FRIDAY, NOV. 23rd.

4 p.m. Chairman, MISS G. A. ROGERS, President Leicester Infirmary Nurses' League. Talk on Nurses' Leagues by MISS ISLA STEWART.

8 p.m. **Conference on Maternity Nursing.** Chairman, DR. CHAMPNEYS, Chairman of the Central Midwives' Board.

Papers by DR. W. J. GOW, Obstetric Physician to Out-patients, St. Mary's Hospital. MISS AMY HUGHES, General Superintendent Queen Victoria's Jubilee Institute for Nurses.

Discussion : DR. W. S. A. GRIFFITH, Assistant Obstetric Physician to St. Bartholomew's Hospital ; MISS B. HANCOCKE, late Matron General Lying-in Hospital, York Road ; MISS EDLA WORTABET, late Matron Beyrout Hospital.

SATURDAY, NOVEMBER 24TH.

4 p.m. Chairman, MRS. BEDFORD FENWICK, Hon. Pres. International Council of Nurses. Talk on next year's International Nursing Conference at Paris, by MISS M. MOLLETT, Matron of the Royal South Hants Hospital.

8 p.m. **Conference on Mental Nursing.** Chairman, DR. ROBERT JONES, President Medico-Psychological Association.

Paper by DR. G. M. ROBERTSON, Medical Superintendent, Stirling District Asylum.

Discussion : MISS E. SATCHWELL, Matron, Royal Hospital, Chelsea ; DR. G. E. SHUTTLEWORTH, Hon. Secretary Asylum.

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